RIDGE VIEW
High School

Joel Brus · Activities Director
jbrus@rvraptors.org · 712-368-4353 · 712 -269 -1652
519 E Maple Street · Holstein · Iowa · 51025

www. rvraptors.org

Ridge View Cross Country
1A State Qualifying Meet
October 22, 2026

Welcome to the 2026 State Qualifying Cross Country Meet for Class 1A. We are honored to be hosting this year's meet and pledge to make every effort to see that the meet moves along smoothly. We wish you the best of luck and hope that your teams and individuals meet their goals and expectations.

DATE: Thursday, October 22, 2026

SITE: Holstein Country Club

The club is located on the south side of Holstein about 1⁄4 mile north of Highway 20 and 1⁄2 mile east on Kofmehl Drive. Please park your buses/vans on the street that runs to the south of the golf course. We will have someone to direct traffic.

TIME FORMAT: We will adhere to this time schedule.

3:00 Walk the course. PLEASE DO NOT GO ON TO THE COURSE BEFORE 3:00.
4:00 Girls' Class 1A Race
4:30 Boys' Class 1A Race

STARTER: Fran Long

COURSE: The course is rolling with a number of gradual inclines and descents. This is a relatively fast course. The entire distance is run on grass and the footing is smooth. The starting line is south of the clubhouse and the finish line is east of the clubhouse on the dike.

*PLEASE INSTRUCT YOUR RUNNERS AND FANS TO STAY OFF THE GREENS, TEE BOXES AND ROPED-OFF AREAS *

BOX ASSIGNMENTS: Listed below or click on link

COURSE MARKINGS: A double white line will mark the entire course. The girls and the boys will run 5000 meters. The course will have mile and 1000-meter marks. Remind all of your runners that they must run the course as marked or they may be disqualified. We will have a number of spotters on the course to assist the runners and watch for infractions. Violators are subject to disqualification.

AWARDS: Awards will be presented on the north side of the clubhouse as soon as the scoring is completed. Scores will be posted.

Girls State Qualifiers:	**Boys State Qualifiers:**
Top 2 (two) teams	Top 2 (two) teams
Top 10 (ten) individuals	Top 10 (ten) individuals

(Min. of 5 individual state qualifiers advance from each SQM if current 10 are taken by team state qualifiers.)

DRESSING FACILITIES: Runners should come dressed for their race. If you need dressing facilities, please call by October 21st and arrangements can be made. Port-A-Pots will be available at the site.

Concessions: There will be NO concessions stand.

UNIFORMS: All runners must wear shoes and their school issued uniforms. The uniform rules as stated in the Fall manual and from the Track Rules Book:

> Girls – Boys "Coaches are responsible for seeing that their competitors are wearing the proper uniform. The athlete should always wear the uniform of her school. Contestants will be permitted to wear hats and gloves only if weather conditions necessitate such items. If hats or gloves are worn, they must be an unadorned, single, solid color and shall be worn only for the athlete's health and safety and not to draw attention to the athlete. A single manufacturer's logo/trademark or school name/emblem, no more than 21⁄4 square inches with no dimensions more than 21⁄4 inches, is permitted on the hat and gloves. A legal uniform is well defined in Rule 9, Section 6, and Articles 1-7 of the National Federation Rules."

SCORING: The girls and boys will both run seven and score five. We will be using displacement scoring in the district/regional meet as required by the State Associations. This means that for the team scoring, incomplete team runners will be dropped and the meet rescored.

COACHES: Entry deadline: Tuesday, October 20, 2026 4:00 p.m.

Entry website:xc.screlays.com Password: xc2026

Make sure your varsity athletes are marked as **Varsity** and **Active** on the entry website, as those will be the only athletes pulled into the computer system. If you are not sure who your 7 varsity runners will be, you can mark a couple extra athletes as **Varsity** and **Active**. Only 7 can run, though. Entry questions: email shannon.d.tesch@gmail.com

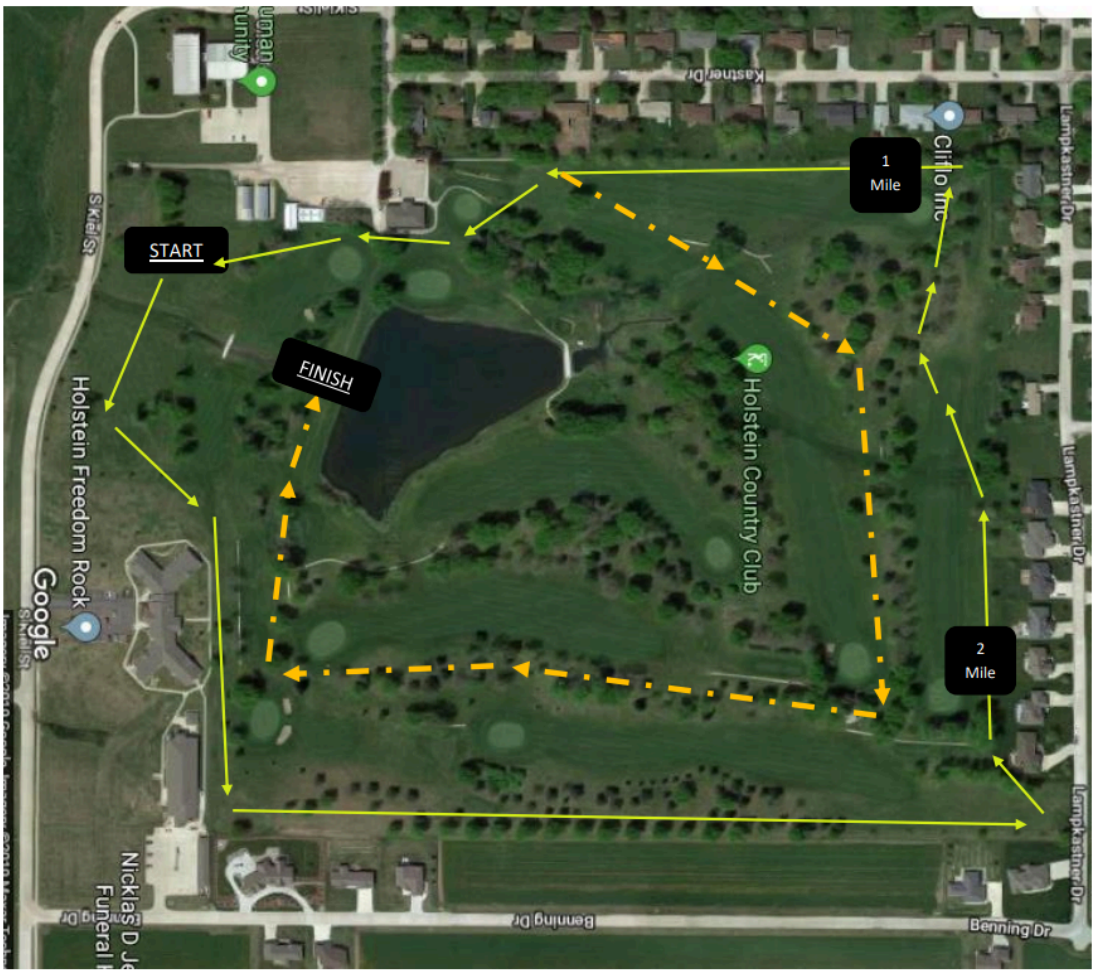
PROTESTS: Protests will be handled by the meet referee. If anyone has any questions on/or a protest regarding a rule violation, please contact Joel Brus first and he will contact the meet referee (starter).

RESULTS: Live results will be posted at dakotatiming.com. If you have any questions, please feel free to call Joel Brus or contact Katie Tesch at ktesch@rvraptors.org.

Participating Teams:
Akron-Westfield Alta-Aurelia Boyer Valley, Dunlap East Sac County Gehlen Catholic, LeMars Harris-Lake Park Hartley-Melvin-Sanborn Hinton MMCRU North Iowa, Buffalo Center Ridge View Riverside, Oakland Sibley-Ocheyedan Sioux Central, Sioux Rapids Siouxland Christian South O'Brien, Paullina St. Mary's, Remsen Trinity Christian Woodbury Central, Moville

2026 Class 1A- Region #4 Box Assignments

Box #	Varsity Girls	Box #	Varsity Boys
1	MMCRU	1	Remsen St Mary's
2	Hinton	2	Alta Auelia
3	Harley-Melvin-Sanborn	3	Sibley-Ocheyedan
4	Akron Westfield	4	North Iowa
5	East Sac County	5	Hinton
6	North Iowa	6	Ridge View
7	Alta Aurelia	7	Harris Lake Park
8	Sioux Central	8	Harley-Melvin-Sanborn
9	Trinity Christian	9	Riverside
10	WC-KP-RV	10	Siouxland Christian
11	Siouxland Christian	11	WC-KP-RV
12	Gehlen Catholic	12	MMCRU
13	Ridge View	13	Boyer Valley
14	Riverside	14	Gehlen Catholic
15	South O'Brien	15	Trinity Christian
16	Sibley-Ocheyedan	16	Akron Westfield
17	Harris Lake Park	17	Sioux Central
18	Boyer Valley	18	South O'Brien
19	Remsen St. Mary's	19	East Sac County



The start line will be on the southwest corner of the course by the cart shed. High school runners will run the outside loop 1.75 times before turning to the finish on the inside loop. Middle school runners will run the outside loop once and then turn on the inside loop to the finish.