MMCRU H.S.
Athletic Department

Lonnie Boekhout, Athletic Director

Box 667
Marcus, IA 51035

(712) 376-4172
FAX (712) 376-4302

GO ROYALS!!!

TO: Athletic Directors and Cross Country Coaches
FR: Lonnie Boekhout
RE: MMCRU Cross Country Meet

Your school is invited to participate in the 2nd annual MMCRU Co-ed Cross Country Meet to be held at the Marcus Golf Club on the south edge of Marcus on Monday, October 12. We will run four races including a junior high girls' race, a junior high boys' race, a combined JV/Varsity girls' race, and a combined JV/Varsity boys' race.

Entries made by going to the following website and completing by 3 pm on Oct. 11:
xc.screlays.com

If you have a change because of illness, etc. on the day of the race, make sure and tell me as soon as you arrive.

Date:	Monday, October 12, 2026	
Time:	4:30	Junior High Girls
		Junior High Boys
		JV/Varsity Girls
		JV/Varsity Boys
Awards:	Varsity girls' and boys' championship plaques	
	Varsity places: 1-15	
	JV places: 1-10	
	Junior High places: 1-10	
Distance:	High School: 5000 meters	
	Junior High: 2 miles	
Participation: Varsity:		Boys run 7, count 5
		Girls run 7, count 5
	JV:	Unlimited
	Junior High:	Unlimited

When you arrive at the site, please park your bus in the parking area west of the clubhouse, so we can leave the rest of the parking for spectators. Drinking water, restrooms, and limited concessions will be available at the clubhouse.