

Trinity Christian BEST Shooting & Footwork Clinic



SHOOTING SCHOOL
WWW.BEST-BASKETBALL.COM

The Midwest Leader in Shot and Footwork Fundamentals
Celebrating 30 years of experience and 100,000 students!

OBJECTIVES FOR THIS COURSE:

1. Knowledge of the stroke and developmental drills that WILL improve shooting percentage.
2. High percentage shooting of the “catch and shoot” with specialization in varying the footwork in reaction to game situations.
3. Detailed footwork and shot training of the mid-range pull-up.

Girls & Boys entering grades 9-12 in the 2023/2024 school year:

May 31 & June 7, 14, 21 & 28 @ 12:30pm – 1:30pm

Girls & Boys entering grades 4-8 in the 2023/2024 school year:

May 31 & June 7, 14, 21 & 28 @ 11:30am – 12:30pm

Where: Trinity Christian HS gym

Fee – \$85

Name _____ Grade Entering _____ Email _____

Students may register on-line at best-basketball.com or give registration form with \$85 payment made out to BEST, Inc. to: Coach Van Donge, Coach De Jager or Coach Van Ginkel

Waiver and Release Statement

I, hereby waive and release any and all claims, demands, and causes of action which I may have or anyone may have through me, against BEST, its instructors and/or *Trinity Christian* schools, for any injuries that may incur arising out of in any way at the *Trinity Christian* schools during the months of *May & June, 2023*. I further understand and acknowledge that BEST or *Trinity Christian* schools shall not have any responsibility for lost, damaged, or stolen property.

Student _____ Date _____

Parent Signature _____ Date _____